



**WORKSOP COLLEGE**  
AND  
**RANBY HOUSE**

## **Summer Term Week Two - SATURDAY**

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Scrambled or Boiled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Chicken Goujons  
Frito Misto with Lemon, Parsley and Mint Salsa  
Vegan – Sweet Chilli Vegetable and Tofu Stir-fry

### **Hatch Two**

New Potatoes, Noodles  
Broccoli and Sweetcorn

### **Salad Bar**

Turkey, Ham, Prawns, Cottage Cheese  
Tuna Pasta Salad  
Zucchini Ribbons with Mint  
Beetroot  
Sliced Melon Selection  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Egg & Cress

### **Desserts**

Cold – Chocolate Gateau and Strawberries with Sorbet

### **Evening Meal**

Assorted Pizzas  
Salad  
Chips

Gateau



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## **Summer Term Week Two - SUNDAY**

### **Brunch**

Cereals, Fruit Juice, Breads, American Pancakes with Blueberries and Maple Syrup and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Sandwiches**

Chef's Choice

### **Evening Meal**

Nachos with Cheese, Sour Cream and Guacamole

Pot Roast Pork with Tarragon  
Indian Vegetable Rice Pilaf  
Spicy Homemade Wedges  
Creamed Leeks and Peas

Full Salad Bar

Pancakes with Maple Syrup and Cream



## Summer Term Week Two - MONDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Vegan - Vegetable Paella  
Hot Sandwich – Teriyaki Chicken Panini  
Rump Steak and Grilled Tomato  
Cottage Cheese Croquettes

### **Hatch Two**

Roast Potatoes, Buckwheat  
Green Beans and Cauliflower Cheese

### **Salad Bar**

Turkey, Beef, Ham, Salmon, Cottage Cheese  
Egg Salad  
Coconut & Lime Rice Noodles  
Mozzarella and Cherry Tomatoes  
Cucumber and Onion  
Tomatoes, Cucumber, Coleslaw, Cheese, lettuce  
  
Chilli Hummus with Grilled Pita Bread

### **Desserts**

Cold –Lemon Meringue Pie and Chocolate Mousse

### **Evening Meal**

Soup of the day  
  
Bratwurst Sausages with Curry Sauce  
Turkey Tagine  
Chickpea Burgers  
Creamed Potatoes, Cous Cous, Mixed Vegetables  
Full Salad Bar  
  
Choice of Fresh Fruit or Yogurt  
Hot – Cornflake Tart and Custard



## Summer Term Week Two - TUESDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Battered Pork Strips with BBQ Sauce  
Beef Moussaka  
Mushroom, Spring Onion and Broccoli Pasta  
Hot Sandwich – Tandoori Chicken and Naan Bread

### **Hatch Two**

New Potatoes and Bulgur Wheat  
Sautéed Courgettes and Peas

### **Salad Bar**

Ham, Turkey, Mackerel, Tuna, Cottage Cheese  
Strawberry and Spinach Salad  
Balsamic Beetroot  
Baby Corn  
Garlic & Thyme Potato Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Vegetable Frittata

### **Desserts**

Cold – Vanilla Slice and Assorted Muffins

### **Evening Meal**

Soup of the Day

Scampi  
Minced Turkey Wellington  
Leek and Courgette Muffin with Tomato and Basil Sauce  
Rice, Spicy wedges & Jacket Potatoes  
Broccoli  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Summer Fruit Crumble with Custard



## Summer Term Week Two - WEDNESDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Hot Sandwich – Mediterranean Beef Burger  
Butter Chicken  
Jerk Roast Pork with Spiced Apple Sauce  
Vegetable Tortilla Lasagne

### **Hatch Two**

Roast and Creamed Potatoes, Rice  
Carrots and Spring Cabbage

### **Salad Bar**

Chicken, Corned Beef, Tuna, Mackerel, Cottage Cheese  
Chicken Pasta  
Melon Salad  
Mixed Bean Salad  
Grated Lemon Carrot  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
  
Cream Cheese Jalapenos and Mozzarella Sticks

### **Desserts**

Cold – Chocolate Gateau & Strawberries and Ice Cream

### **Evening Meal**

Soup of the Day

Breaded Haddock  
Singapore Noodles with Pork  
Cheese and Ham/Tomato Toasties  
Chips & Quinoa  
Sweetcorn  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Baked Bananas, Toffee Sauce and Custard



## Summer Term Week Two - THURSDAY

### Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### Hot Lunch

Jacket Potatoes with fillings  
Soup of the Day

### Hatch One

Gnocchi with Spinach & Tomato Garlic Sauce  
Hot Sandwich – Roast Beef Baguette with Horseradish  
Spanish Paprika Pork  
Spring Pea and Mint Tart

### Hatch Two

Potato Wedges, Rice  
Green Beans and Sautéed Red Cabbage with Raisins

### Salad Bar

Ham, Pork, Tuna, Prawns , Cottage Cheese  
Beansprouts with Soy  
Halloumi, Pesto and Red Pepper  
Celery Sticks  
Quinoa Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Yogurt and Curry Chicken

### Desserts

Cold – Mandarin Cheesecake and Flapjack

### Evening Meal

Soup of the day

Salmon with Sweet Chilli and Lemon Dressing  
Beef Bolognese  
Spring Rolls and Hoisin Sauce  
Lyonnais Potatoes, Spaghetti  
Sautéed Greens  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Strawberry Pie with Custard



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## Summer Term Week Two - FRIDAY

### Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### Hot Lunch

Jacket Potatoes with fillings  
Soup of the Day

### Hatch One

Battered or Baked Fish  
Mixed Grill – Sausage, Gammon, Grilled Chicken  
Beef Chilli  
Hot Sandwich – Vegetable Enchiladas

### Hatch Two

Chips, Rice  
Peas, Balsamic Glazed Tomato, Sauteed Mushrooms

### Salad Bar

Ham , Turkey, Tuna, Mackerel, Cottage cheese  
Green Salad  
Mixed Cherry Tomatoes  
Avocado Salad  
Greek Pasta Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Ploughman's Platter

### Desserts

Cold - Caramel Tiffin and Tiramisu

### Evening Meal

Soup of the day

Lamb Meatballs in Tomato Sauce  
Pork Escalope  
Halloumi and Vegetable Skewers  
New potatoes and Spaghetti  
Corn on the Cob  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Plum Sponge and Custard