



WORKSOP COLLEGE
AND
RANBY HOUSE

Spring Term Week Two - SATURDAY

Breakfast

Cereals, Fruit juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Scrambled or Boiled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Chicken Goujons
Omelettes with various fillings
Vegan option - Vegetable Chilli

Hatch Two

New Potatoes, Rice
Broccoli and Sweetcorn

Salad Bar

Turkey, Ham, Prawns, Crab, Cottage Cheese
Apple, Celeriac & Sultana Salad, Curried Chickpea Salad, Cherry Tomato & Coriander
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Egg & Cress

Desserts

Cold – Chocolate Gateau and Strawberry Whip

Evening Meal

Chinese Evening

Chinese Chicken Wings
BBQ Ribs
Sweet & Sour Pork
Vegetable Noodles
Special Fried Rice
Prawn Crackers

Assorted Cream Cakes



WORKSOP COLLEGE
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Spring Term Week Two - SUNDAY

Brunch

Cereals, Fruit Juice, Breads, American Pancakes with Blueberries and Maple Syrup, Yogurts and Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Sandwiches

Chef's Choice

Evening Meal – Asian Banquet

Beef Goulash

Caramelised Chicken with Sesame Seeds
Courgette and Aubergine Lasagne
Creamed Potatoes
Roast Vegetables

Full Salad Bar

Iced Doughnuts



WORKSOP COLLEGE
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Spring Term Week Two - MONDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Lamb and Mint Suet Pie
Hot Sandwich – Roast Pork, Stuffing and Apple Sauce on Soft Roll
V - Quorn Sausage and Pasta Bake
Creamy Prawn Curry
Hot Sandwich – BBQ Chicken Burrito

Hatch Two

Roast Potatoes, Rice
Green Beans and Cauliflower Cheese

Salad Bar

Turkey, Beef, Ham, Salmon, Cottage Cheese
Carrot and Courgette Ribbons, Bulgur Wheat Salad, Cheese and Pine Nut Salad
Cucumber and Onion
Tomatoes, Cucumber, Coleslaw, Cheese, lettuce
Tuna Nicoise

Desserts

Cold – Butterfly Buns and Chocolate Flapjack

Evening Meal

Soup of the day

Cod Fish Cakes and Tartar Sauce
Chicken Lasagne
Vegan - Lentil Dhal
Creamed Potatoes, Cous Cous
Mixed Vegetables
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Cornflake Tart and Custard



WORKSOP COLLEGE
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Spring Term Week Two - TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Hot Sandwich - BBQ Chicken Burrito
Vegetable Chow Mein
Beef Bourguignon
Vegan - Vegetable Pasty

Hatch Two

New Potatoes and Bulgur Wheat
Braised Red Cabbage and Peas

Salad Bar

Ham, Turkey, Mackerel, Tuna, Cottage Cheese
Rice, Balsamic Beetroot, American Salad, Potato Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Greek Salad

Desserts

Cold – Banoffee Sundae and Chocolate Brownie

Evening Meal

Soup of the Day
Scampi
Chicken Hot Pot
Vegetable Fajitas
Rice and Spicy wedges
Stir Fried Kale
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Blackberry and Apple Oaty Crumble with Custard



WORKSOP COLLEGE
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Spring Term Week Two - WEDNESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Thai Basil Chicken
Hot Sandwich – Steak, Cheese and Red Onion Panini
Baked Ham and Pineapple
V - Quorn meatballs with Tomato Sauce

Hatch Two

Boiled Potatoes, Rice
Carrots and Sprouts

Salad Bar

Chicken, Corned Beef, Tuna, Mackerel, Cottage Cheese
Ham & Tomato Pasta, Melon Salad, Mixed Bean Salad, Grated Lemon Carrot
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Cream Cheese Jalapenos and Mozzarella Sticks

Desserts

Cold – Assorted Muffins and Eclairs

Evening Meal

Soup of the Day

Breaded Haddock
Mash Topped Beef and Ale Pie
V – Halloumi and Roast Vegetable Pitta with Sweet Chilli Sauce
Chips & Quinoa
Sweetcorn
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Cherry Cobbler and Custard



WORKSOP COLLEGE
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Spring Term Week Two - THURSDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Roast Turkey and Cranberry Sauce
Broccoli and Salmon Tagliatelli
Hot Sandwich – Bacon, Brie and Sweet Chilli Baguette
Vegan option - Butternut Squash Crumble

Hatch Two

Roast and Creamed Potatoes
Peas and Roast Parsnips

Salad Bar

Ham, Pork, Tuna, Prawns , Cottage Cheese
Beansprouts with Soy, Sweet Chilli Vegetables, Red Cabbage, Quinoa Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Chicken

Desserts

Cold – Red Velvet Cake and Flapjack

Evening Meal

Soup of the day
BBQ Pork Chops
Beef Bolognese
Vegetable Fajitas with Salsa and Sour Cream
Lyonnaise Potatoes, Spaghetti
Sliced Green Beans
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Pear and Chocolate Pudding



WORKSOP COLLEGE
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Spring Term Week Two - FRIDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Battered or Baked Fish
Vegan option - Vegetable Balti
Chicken Casserole in Yorkshire Pudding
V - Hot Sandwich – Cheese, Tomato and Onion Burritos

Hatch Two

Chips and Rice
Mushy Peas and Carrots

Salad Bar

Ham , Turkey, Tuna, Mackerel, Cottage cheese
Green Salad, Waldorf salad, Beansprouts, Garlic Mushrooms
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Pork Pie

Desserts

Cold - Portuguese Custard Tart and Chocolate Chip Loaf Cake

Evening Meal

Soup of the day

Meatballs in Tomato and Garlic Sauce
Ham, Spring Onion and Cheese Slice
V – Cheese and Onion Pasty
New potatoes and Spaghetti
Corn on the Cob
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Apple and Berry Sponge and Custard