



WORKSOP COLLEGE
AND
RANBY HOUSE

Spring Term Week Three - SATURDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Scrambled or Boiled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Beef Lasagne
Bacon and Tomato Topped Cod
V - Egg Fried Rice with Bok Choy and Chilli
Hot Sandwich – Chicken Satay with Peanut Sauce and Flatbread

Hatch Two

Creamed potatoes, Bulgur Wheat
Ratatouille and Swede

Salad Bar

Ham, Chicken, Tuna, Prawns, Cottage Cheese
Sugar Snap Peas with Baby Corn

Desserts

Cold – Berry Cheesecake and Chocolate Brownie

Evening Meal

Pizza Night
Assorted Pizzas
Salad

Gateau



WORKSOP COLLEGE
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Spring Term Week Three - SUNDAY

Brunch

Cereals, Fruit Juice, Breads, Croissants, Bagel and Cream Cheese and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Sandwiches

Chef's Choice

Evening Meal

Tomato and Basil Soup

Herb and Garlic Steak
Stir Fried Oyster Chicken
Panko Coated Vegetables with Sweet Chilli Sauce
Roast and New Potatoes
Rice
Roast Vegetables

Full Salad Bar

Pineapple Upside Down Pudding with Custard



WORKSOP COLLEGE
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Spring Term Week Three - MONDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Rump Steak with Peppercorn Sauce
Prawn Pad Thai
Vegan option- Jamaican Vegetable Curry
Cheese, Red Pepper and Tuna Melt

Hatch Two

Leek Mash, Rice
Roasted Thyme Beetroot and Broccoli

Salad Bar

Ham, Turkey, Salmon, Tuna, Cottage Cheese
Black Bean Salad, Chinese Vegetable Salad, Grated Carrot, Cous Cous Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Chicken with Garlic and Herbs

Desserts

Cold –Coconut Cake & Shortbread

Evening Meal

Soup of the day
Peri Peri pork Steak
Fish Fingers with Dill Mayonnaise
V - Cheese and Tomato Pasta
Potato Waffles, Rice
Sweetcorn
Full Salad Bar
Choice of Fresh Fruit or Yogurt
Hot – Apple Pie



WORKSOP COLLEGE
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RANBY HOUSE

Spring Term Week Three - TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts

Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings

Soup of the Day

Hatch One

Gnocchi with Roasted Squash and Feta

Hot Sandwich – Shredded Pork Tacos

Cottage Pie

Lemon and Garlic Roasted Chicken Drumsticks

Hot Lunch – Hatch Two

Chive Potatoes, Rice

Sautéed Courgettes and Mixed Vegetables

Salad Bar

Beef, Ham, Mackerel, Tuna, Cottage Cheese

Rice & Peas

Apple, Celery and Cheese Salad

Sliced Beetroot

Carrot and Courgette

Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Pate with French Bread

Desserts

Cold – Fruit Filled Meringues and Fruit Cake with Cheese

Evening Meal

Soup of the Day

Tuna Pasta Bake

Chicken, Bacon and Leek Hot Pot

Vegetable Stew with Herb Dumplings

Potato Wedges & Cous Cous

Red Cabbage

Full Salad Bar

Choice of fresh fruit or yogurt

Hot – Rhubarb Pie with Custard



Spring Term Week Three - WEDNESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Home Made Pizza – Various Toppings
Bacon Chops
Vegan option – Japanese Tofu Noodle Bowl

Hot Lunch – Hatch Two

Boulangere Potatoes
Peas and Cauliflower Cheese

Salad Bar

Ham, Beef, Tuna, Prawns, Cottage Cheese
Spicy Yogurt Chicken
Rice Salad
Carrot & Cabbage
Pasta Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Sausage Rolls

Desserts

Cold – Victoria Sponge and Malt Loaf

Evening Meal

Soup of the Day

Savoury Mince with Cheese Cobbler
Chargrilled Turkey Steaks
Vegetable Tacos
Chips & Cous Cous
Broccoli
Full Salad Bar
Choice of Fresh Fruit or Yogurt
Hot – Baked Rice Pudding with Jam



WORKSOP COLLEGE
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Spring Term Week Three - THURSDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Roast Beef and Yorkshire Pudding
Hot Sandwich – Southern Fried Chicken Sub
Bombay Prawns and Coconut Noodles
Vegan option – BBQ sausage and Bean Hot Pot

Hot Lunch – Hatch Two

Creamed and Roast Potatoes
Green Beans and Carrots

Salad Bar

Ham, Turkey, Tuna, Prawns, Cottage cheese
Cucumber & Mint
Italian Salad
Tabbouleh & Herb Salad
Sweetcorn & Courgette Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Cheese & Biscuits on a Platter

Desserts

Cold – Raspberry and Coconut Slice and Carrot Cake

Evening Meal

Soup of the day

Cheese Burgers
Tuna Pasta Bake
Vegan option - Butternut Squash, Lemon and Parsley Risotto
Boulangere Potatoes
Peas
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Ginger Sponge with Custard



WORKSOP COLLEGE
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Spring Term Week Three - FRIDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Battered or Baked Fish
Vegan - Thai Green Vegetable Curry
Chicken Fajita with Salsa and Sour Cream
Mushroom and Tarragon Mille Feuille

Hot Lunch – Hatch Two

Chips, Sticky Rice
Mushy Peas and Sweetcorn

Salad Bar

Ham , Turkey, Beef, Mackerel, Cottage Cheese
Red Cabbage
Pasta Salad
Pineapple Rice
Cheese Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Seafood Platter

Desserts

Cold – Chocolate Brownie and Apple Pie

Evening Meal

Soup of the Day

Toad in the Hole
Tomato and Thyme Baked Chicken
Spicy Sichuan Noodles
Boiled Potatoes
Leeks

Full Salad Bar

Choice of Fresh Fruit or Yogurt

Hot – Banana Bread and Butter Pudding with Custard