



Summer Term Week Three - SATURDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Scrambled or Boiled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Beef Massaman Curry
Thai Spiced Cod
Hot Sandwich – Spinach Pakora and Coconut Dhal Pitta

Hatch Two

Creamed potatoes, Rice
Ratatouille and Broccoli

Salad Bar

Ham, Chicken, Tuna, Prawns, Cottage Cheese
Sugar Snap Peas
Chilli and Cucumber in Natural Yogurt
Potato & Chive Salad
Mango and Mint Salsa

Continental Platter

Desserts

Cold – Berry Cheesecake and Chocolate Gateau

Evening Meal

Soup of the Day

Cajun Chicken Nachos
Vegetable Tikka Pasty
Chips, Chinese Fried Rice
Peas
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Sugar Waffles with Fruit and Cream



WORKSOP COLLEGE
AND
RANBY HOUSE

Summer Term Week Three - SUNDAY

Brunch

Cereals, Fruit Juice, Breads, Croissants, Crumpets and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Sandwiches

Chef's Choice

Evening Meal

Soup of the Day

Roast Turkey with Stuffing and Cranberry Sauce
Black Bean and Vegetable Stir Fry
Noodles, Roast and Croquette Potatoes
Mixed Vegetables and Carrots

Full Salad Bar

Pineapple Upside Down Pudding and Custard



Summer Term Week Three - MONDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

BBQ Chicken
Lasagne
Baked Cod on Spiced lentils
Hot Sandwich – Cajun Bean Burgers with Jalapenos

Hatch Two

New Potatoes
Roasted Thyme Beetroot and Broccoli

Salad Bar

Ham, Turkey, Salmon, Tuna, Cottage Cheese
Sliced Mixed Peppers
Chick Peas With Chilli & Roast Shallots
Florida Salad
Rocket, Parmesan and Cherry Tomato
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Cheese and Bacon Quiche

Desserts

Cold – Coffee and Walnut Cake & Shortbread

Evening Meal

Soup of the day

Salmon Enchiladas
Steak and Onions
Vegetable Strudel with Garlic and Parsley Cream Sauce
Herb Diced Potatoes, Rice
Sweetcorn
Full Salad Bar
Choice of Fresh Fruit or Yogurt

Hot – Apple Crumble and Custard



Summer Term Week Three - TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Potato Topped Seafood Pie
Macaroni Cheese
Chicken Chow Mein
Hot Sandwich – Beef and Spinach Burritos

Hatch Two

Roast Potatoes
Minted Cabbage and Mixed Vegetables

Salad Bar

Beef, Ham, Mackerel, Tuna, Cottage Cheese
Garlic Mushrooms
Rocket and Goats Cheese Salad
Thai Salad
Mediterranean Vegetable Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Marinated Chicken Drumsticks

Desserts

Cold – Mint Chocolate Cup Cakes and Fruit Cake with Cheese

Evening Meal

Soup of the Day

BBQ Ribs
Thai Green Chicken Curry
Cheese and Courgette Soufflé
Potato Wedges & Cous Cous
Cauliflower
Full Salad Bar

Choice of fresh fruit or yogurt
Hot – Chocolate and Cherry Sponge with Custard



Summer Term Week Three - WEDNESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Bacon Chops with Chive Sauce
Vegetable Dhansak
Home Made Pizza – Various Toppings

Hatch Two

Boulangere Potatoes, Bulgur Wheat
Stir Fried Vegetables

Salad Bar

Ham, Beef, Tuna, Prawns, Cottage Cheese
Spicy Yogurt Chicken
Melon & Grape Salad
Carrot, Fennel & Cabbage
Rice Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Tomato Bruschetta

Desserts

Cold – Victoria Sponge and Malt Loaf

Evening Meal

Soup of the Day

Bacon & Brie Chicken
Beef Ragu and Garlic Bread
Quorn Toad in the Hole
Chips & Pasta
Peas
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Rice Pudding with Jam



Summer Term Week Three - THURSDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Garlic & Thyme Pot Roast Beef with Dough Ball
Spicy Harissa and Vegetable Bake
Cumberland Curls
Hot Sandwich - Chicken Gyros with Tzatziki in Pitta

Hatch Two

Sweet Potato Mash and Roast Potatoes, Rice
Broccoli and Carrots

Salad Bar

Ham, Turkey, Tuna, Prawns, Cottage cheese
Cucumber & Mint
Sun blush Tomatoes
Caesar Salad
Mackerel Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Cheese & Biscuits on a Platter

Desserts

Cold – Arctic Roll and Carrot Cake

Evening Meal

Soup of the day

Lamb and Coriander Burgers
Turkey & Ham Pancakes
Pea and Mint Risotto
Boulangere Potatoes
Courgettes
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Apple and Dried Fruit Strudel with Custard



Summer Term Week Three - FRIDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Battered or Baked Fish
Baked Falafel in Tomato Sauce
Minced Beef Pie
Hot Sandwich - Fajita Chicken Quesadilla

Hatch Two

Chips, Cous Cous
Mushy Peas and Sweetcorn

Salad Bar

Ham, Turkey, Beef, Mackerel, Cottage Cheese
Pear & Stilton Salad
Pasta Salad
Peach & Strawberry Salad
Croutons
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Seafood Platter

Desserts

Cold – Chocolate Brownie and Apple Pie

Evening Meal

Soup of the Day

Toad in the Hole
Spicy Chicken Fillet in Burger Bun
Quiche
Boiled Potatoes, Noodles
Leeks
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Baked Spiced Pears and Chocolate Sauce